



Bachelor of Science in Exercise Science

Date _____ Catalog Date _____

Name _____ SID# _____

Last First Middle

Permanent Address _____

Street City State Zip Code

Telephone _____

Home USW

Email: _____ Minor: _____

Completed: _____

AREA I: CORE CURRICULUM (45 credits*)

To be completed: _____

REQUIRED COURSE TITLES	COURSES	HR	GR	COURSE TITLE	COURSES	HR	GR
<u>FRESHMAN ORIENTATION</u> (For beginning freshmen)	USW 1001	1		<u>SCIENCE</u> Principles of Chemistry I	CHE 1103	3	
<u>ENGLISH</u> Rhetoric and Composition	ENG 1113	3		<u>SCIENCE LAB</u> Principles of Chemistry I Lab	CHE 1101	1	
<u>ENGLISH</u> Rhetoric and Literature	ENG 1123	3		<u>SCIENCE</u> General Biology I	BIO 1103	3	
<u>COMMUNICATION</u>	COMM	3		<u>SCIENCE LAB</u> General Biology I Lab	BIO 1101	1	
<u>COMPUTER</u> Computer Apps	CSI 1203	3		<u>SOCIAL SCIENCES</u> General Psychology	PSY 1103	3	
<u>MATHEMATICS</u> College Algebra	MAT 1403	3		<u>SOCIAL SCIENCES</u> Human Growth & Development	PSY 3213	3	
<u>RELIGION</u>	REL	3		<u>HUMANITIES</u> American History to 1876	HIS 2103	3	
<u>RELIGION</u>	REL	3		<u>HUMANITIES</u> American History from 1877	HIS 2203	3	
<u>SERVANT LEADERSHIP</u>	USW 2233	3					

AREA II: BIOLOGY MAJOR REQUIREMENTS (34 credits)

REQUIRED COURSE TITLES	COURSES	HR	GR	COURSE TITLE	COURSES	HR	GR
General Biology II	BIO 1153	3		General Biology II Lab	BIO 1151	1	
Principles of Chemistry II	CHE 1203	3		Principles of Chemistry II Lab	CHE 1201	1	
Genetics	BIO 3403	3		Genetics Lab	BIO 3401	1	
Cell Biology	BIO 3513	3		Cell Biology Lab	BIO 3511	1	
EXERCISE SCIENCE SPECIALIZATION							
Anatomy & Physiology I	BIO 2103	3		Anatomy & Physiology I Lab	BIO 2101	1	
Anatomy & Physiology II	BIO 2113	3		Anatomy & Physiology II Lab	BIO 2111	1	
Nutrition	BIO 3213	3		Nutrition Lab	BIO 3211	1	
Pathophysiology I	BIO 4103	3		Medical Terminology	BIO 4203	3	



Completed:

Advanced:

AREA III: SUPPLEMENTAL COURSES (30 credits)

To be completed:

COURSE TITLE	COURSES	HR	GR	COURSE TITLE	COURSES	HR	GR
Statistical Methods	MAT 2203	3		Intro to Sports and Fitness	KES 1303	3	
Health and Aging	KES 3303	3		First Aid/CPR	KES 1403	3	
Care and Prevention of Athletic Injuries	KES 3403	3		Kinesiology & Biomechanics	KES 3703	3	
Physiology of Exercise	KES 3503	3		Test and Measurements	KES 4203	3	
Motor Learning	KES 3603	3		Fitness Testing and Exercise Prescription	KES 4303	3	

Completed:

Advanced:

AREA IV: ELECTIVES (11 credits)

To be completed:

	COURSES	HR	GR	COURSE TITLE	COURSES	HR	GR
		3				3	
		3				3	

Total completed: _____

Total to be completed: _____

MINIMUM FOR DEGREE: 120 credits

Completed:

Advanced:

Minor OPTIONAL (18 credits)

To be completed:

	COURSES	HR	GR	COURSE TITLE	COURSES	HR	GR
		3				3	
		3				3	
		3				3	

Prior to registration for the last semester of enrollment, the advisor and student should ensure the following additional requirements have been met by computing the current GPA and/or hours as indicated.

- _____ 1. Cumulative GPA (Minimum grade point of 2.0)
- _____ 2. Credits completed in residence (Minimum of 33 credits; 15 credits upper-level)
- _____ 3. Number of credits of the last 30 credits completed in residence (minimum of 24 credits)
- _____ 4. Number of upper-level credits completed (39 credits required; 15 credits in residence)
- _____ 5. Total number of credits completed for the degree (minimum 120 credits)