

## **COURSE DESCRIPTIONS for School Counseling:**

### **REQUIRED COURES**

#### **EDU 5523 Educational Research**

This course is an overview of research involving locating, analyzing, and evaluating educational research. Studies in current issues in education, development of skills in data collection and evaluation, and direct application to educational problems and decisions is included. (3 hours) May be taken concurrently with EDSC 5323

#### **EDSC 5323 Counseling Theories**

This foundation course is an overview of prominent theories in the counseling process. (3 hours) May be taken concurrently with EDU 5523.

#### **EDSC 5213 Professional and Ethical Issues in School Counseling**

Professional and ethical issues in counseling with emphasis on legal aspects and on legal aspects and professional ethical decision-making, counseling of diverse populations, professional credentialing, professional organizations, and practical applications for school counselors are addressed. (3 hours)

Prerequisite: EDU 5523, EDSC 5323

#### **EDSC 5313 Counseling Techniques**

This course is an introduction to the knowledge, techniques, skills, and processes basic to initiating and conducting an effective counseling relationship with students, administration, faculty and parents in a school setting. Through reading, discussion, written exercises, candidates will acquire an understanding of the counseling experience. Extensive discussion and attention will be given to the specific nature and process of helping, as well as the unique attitudes and skills required of the effective helper. (3 hours) Prerequisite: EDSC 5323

#### **EDSC 5423 Child and Adolescent Counseling**

This course is an introduction to the knowledge, techniques, skills, and processes basic to initiating and conducting an effective counseling relationship with students, administration, faculty and parents in a school setting. Through reading, discussion, written exercises, candidates will acquire an understanding of the counseling experience. Extensive discussion and attention will be given to the specific nature and process of helping, as well as the unique attitudes and skills required of the effective helper. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5313, EDSC 5213

#### **EDSC 5463 Psycho-Educational Assessment**

Theory, content, administration, scoring and interpretation of assessment instruments measuring achievement, personal, social, and emotional well-

being. Developing proficiency in report writing with specific recommendations for adjustment in teaching strategies, instructional materials, and classroom management strategies. Emphasis in assessment through observation methods, clinical interviewing, and the mental status exam, as well as best practices and special consideration for testing students of diversity and the ethical/legal considerations for testing. (3 hours)

#### EDSC 5103 Career Development and Life Planning

This course in P-12 Career and College Readiness will provide graduate students with a developmental overview of child and adolescent career growth from a multi-systemic approach. This course is designed to link elements of career, ecosystems, and lifespan development theory to practical, applicable interventions for career education and counseling through curriculum integration, direct services, and stakeholder engagement activities. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313

#### EDSC 5403 Group Counseling

This course prepares school counselors in the methods of organization and facilitation in group therapy as it relates to children in schools. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313

#### EDSC 5533 Program Development and Management

This course focuses on the current trends, issues, and challenges in strategic planning in school counseling programs. Basic skills to assist in the development, organization, administration, and evaluation of school counseling programs will also be addressed. Federal and state mandates will be addressed as applicable. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313

#### EDSC 5543 Crisis and Trauma Interventions

Interventions appropriate for children and adolescents who have experienced a significant trauma or crisis will be addressed. Personal as well as whole school crisis events are considered. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313

#### EDSC 5800 Practicum / Internship Preparation

Candidates must register for Practicum and for Internship the term before they begin the graduate practicum and before they begin the Internship. This registration is for the purpose of allowing candidates to complete all paperwork and procedures required by the SOE and the onsite supervisor. Candidates may not register for Practicum or for Internship until all paperwork and procedures, including liability insurance, are completed and

placement has been approved by the appropriate internship site administrator. (0 hours)

#### EDSC 5813 School Counseling Practicum

A minimum of 60 hours of supervised counseling experiences in a school counseling setting is required. This course includes working with diverse populations, experiences in varied types of counseling, and appropriate supervision. The counseling candidate will conduct observation, co-counseling hours, and/or 1:1 counseling at the discretion of the site supervisor. (3 hours) This course must be taken prior to EDSC 5803.

Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313, EDSC 5423, EDSC 5543, EDSC 5403

#### EDSC 5803 Internship in School Counseling

A minimum of 300 hours of supervised placement in a school counseling setting is required. This course includes working with diverse populations, experiences in varied types of counseling, and appropriate supervision. Internship includes the guidance curriculum, responsive counseling services individual decision-making, and system support. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313, EDSC 5423, EDSC 5543, EDSC 5403. EDSC 5813

### **ELECTIVES**

#### EDSC 5523 Psychopathology

This course is an overview of diagnostic categories as described in the DSM - 5. School counselors will become familiar with assessment and treatment issues of abnormal behaviors and will be able to recognize such behaviors for referral to mental health.

Prerequisites: EDSC 5323, EDSC 5213, EDSC 5313

#### EDSC 5533 Introduction to Play Therapy

An introduction to the theories and techniques of play therapy is addressed in this course. It includes individual and group applications and directive and nondirective approaches as well as organization of a play therapy program. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313

#### EDSC 5553 Introduction to Addictions Counseling

Theory and treatment of disorders related to addictive behaviors, including drugs, alcohol, gambling, and eating disorders is addressed. This course also addresses prevention of addictive behaviors and coping skills for family members of addicted persons with emphasis on children of addicted family. (3 hours) Prerequisites: EDSC 5323, EDSC 5313, EDSC 5213

#### EDSC 5413 Counseling Families

Systems theory applied to working with families is central to this course. It includes parenting education and facilitation of parents' participation in education and in counseling. (3 hours) Prerequisites: EDU 5523, EDSC 5323, EDSC 5213, EDSC 5313

#### EDSC 5233 Human Sexuality

This course explores sexuality from biological, social, and psychological perspectives. Issues such as sexual attitudes, idealism and behaviors, directly and indirectly are addressed. Portions of sexually explicit videos may be shown. Topics to be either addressed in the readings and/or videos: basic sexual anatomy and physiology; sexual arousal, sexual orientation, gender and sexual diversity issues, love and communications, STDs and safe sex, effects of prescription and recreational drugs on sexuality, atypical, problematic, and illegal sexual behavior. (3 hours)