

# CLINICAL MENTAL HEALTH COUNSELING

## (60 CREDIT HOURS)

Date \_\_\_\_\_ Catalog Date \_\_\_\_\_

Name \_\_\_\_\_ SID# \_\_\_\_\_

Last First Middle

Perm. Address \_\_\_\_\_

Street City State Zip Code

Email: \_\_\_\_\_ Telephone \_\_\_\_\_

### AREA I: REQUIRED COURSES (42 Cr. Hours)

Take first 4 courses (in bold) at earliest availability.

COURSE TITLE	COURSES	HR	TERM	GR	COURSE TITLE	COURSES	HR	TERM	GR
<b>Clinical Mental Health Counseling-Foundations and Ethics (ALL)</b>	COUN 5133	3			Career Development and Transition Planning (FAA/SPA/SUA)	COUN 5103	3		
<b>Theories and the Helping Relationship (FAA/SPA/SUA)</b>	COUN 5323	3			Theory and Practice of Group Counseling (FAA/SPA/SUA)	COUN 5403	3		
<b>Learning &amp; Human Development (FAA/SPA/SUA)</b>	COUN 5203	3			Marriage, Family and Couples Counseling (FAB/SPB/SUB)	COUN 5413	3		
<b>Multicultural Counseling (FAB/SPB/SUB)</b>	COUN 5513	3			Child and Adolescent Counseling (FAA/SPA/SUA)	COUN 5423	3		
Research and Program Evaluation (FAB/SPB/SUB)	COUN 5523	3			Testing and Assessment in Counseling (FAB/SPB/SUB)	COUN 5463	3		
Counseling Skills and Techniques (ALL)**	COUN 5313	3			Psychopathology (FAA/SPA/SUA)	COUN 5453	3		
Introduction to Addictions Counseling (FAA/SPA/SUB)	COUN 5553	3			Crisis and Trauma Counseling and Intervention (FAA/SPA/SUB)	COUN 5543	3		

### AREA II: Choose 6 Hours (2 Courses) from the following:

COURSE TITLE	COURSES	HR	TERM	GR	COURSE TITLE	COURSES	HR	TERM	GR
Introduction to Play Therapy (FAA/SUA)	COUN 5433	3			Spirituality in Counseling (FAB)	COUN 5113	3		
Mental Health Programs: Development & Management (SPA)	COUN 5533	3			Human Sexuality (FAB/SUA)	COUN 5233	3		
Clinical Supervision of Counselors (FAB)	COUN 5563	3			Special Topics (SUB)	COUN 5723	3		
Abnormal Behavior (SPB) Prerequisite: Psychopathology	COUN 5333	3			Psychopharmacology (SPB)	COUN 5473	3		
Advanced Approaches to Counseling (SPA/SUB)	COUN 5603	3							

### AREA III: Practicum/Internship (12 total hours required for GRADUATION AND LMHC, LPC, LPCC)

Practicum and Internship Preparation – Contact Advisor for Application Materials

COURSE TITLE	COURSES	HR	TERM	GR	COURSE TITLE	COURSES	HR	TERM	GR
Practicum I (50 hours)**	COUN 5833	3			Internship I (300 hours)**	COUN 5843	3		
Practicum II (50 hours)**	COUN 5933	3			Internship II (300 hours)**	COUN 5853	3		

### PROFESSIONAL PORTFOLIO – Submit and present at start of Internship II.

\*\*If counseling skills are marginal, students will be required to repeat the course (ie. Repeat 5313, 5833, 5843, 5853, 5933)

TOTAL FOR DEGREE: 60 credit hours

For State Licensure Information: Contact the New Mexico State Counseling & Therapy Practice Board at  
[http://www.rld.state.nm.us/boards/Counseling\\_and\\_Therapy\\_Practice.aspx](http://www.rld.state.nm.us/boards/Counseling_and_Therapy_Practice.aspx).

Approved – Advisor

Date

Approved – Dean, College of Arts and Sciences

Date